

Westacre Infant School



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World Mental Health Day Letter

Dear Parents,

We are writing to let you know that Westacre Infant School is taking part in HelloYellow on Tuesday 10th October 2023 this World Mental Health Day. The number of young people in need of mental health support is growing faster than ever – with a record breaking 420,000 young people being treated for mental health problems every month. Most young people aren't getting the help they need, and this can't go on.

That's why this year HelloYellow is more important than ever. We need to make sure young people know that how they feel matters and they deserve to feel supported. We'll be joining thousands of other schools by wearing yellow to show young people that how they feel matters, as well as raising money for YoungMinds.

To take part, the children can wear yellow to school on Tuesday 10th October, and we are asking parents to consider making donations to school. We will have collection buckets ready for the start of the school day. Whether it's a scarf, hat, or your favourite T-Shirt, dig out your best yellow clothes and wear them with pride for World Mental Health Day. The children do not need to wear their uniforms on the day. We will make sure the children have an understanding of World Mental Health Day and we will take lots of photographs throughout the day and we will share them with you on the school website.

Thank you for your continued support,

A Edmunds

Mr Aidan Edmunds

Headteacher